

How Are You?

(by Robert W. Bryant)

How are you? I'm often asked.
Everything to me is a difficult task.
Do I falsely just respond, "Oh, I'm OK?"
Or is there something else that I can say?

I know the asker wishes me well,
And doesn't really expect me to tell
About all the ailments I try hard to mask,
But thinks it's something he really should ask.

Sometimes I respond, "I'm just hanging on."
He talks just a little, says "Goodbye" and is gone.
My response was the truth, and was better to say,
Since it's obvious to anyone, I'm not really OK.