

## Agenda

West Virginia Geriatrics Society  
3rd Annual Interdisciplinary Continuing Education  
Conference

**“Improving Hospital Care for Older Adults”**

Friday, November 9, 2007  
300 Conference Center Way  
Bridgeport, West Virginia

- 8:15 AM Continental Breakfast, Networking,  
Registration
- 8:55 AM Welcome and Introductions  
Mark Newbrough, MD
- 9:00 AM Keynote Speaker  
Dorothy Baker, PhD, RNCS  
“The Hospital Elder Life Program (HELP):  
An Innovative Model of Care for Older Adults”
- 10:25 AM Break
- 10:35 AM Panelists respond to HELP, Audience Q & A  
Christine M. Blue, DO  
Sherry Kuhl, MSW  
Lisa McCracken  
Eileen Mozolak, BSW  
Mike Williams
- 12:00 PM Lunch/WVGS Annual Meeting  
Mark Newbrough, MD, WVGS President
- 1:00 PM Konrad C. Nau, MD, FAAFP  
“Perioperative Assessment and Care of the  
Elderly”
- 2:00 PM Roger Tillotson, MD  
“The Current State of Emergency Stroke Care  
in West Virginia and Beyond”
- 3:00 PM Break
- 3:10 PM Panel Discussion: “Managing Transition from  
One Care Setting to Another”  
Jarena Kelly, MSN, RN, C-FNP  
Carma Korman, MSW  
Anita Lorenzo, PharmD  
Shirley Neitch, MD  
Moderator: Mark Newbrough, MD
- 4:30 PM Program Evaluation/Adjourn



The conference will be held at the Bridgeport Conference  
Center @ Charles Pointe  
300 Conference Center Way  
Bridgeport, West Virginia

The conference facility is located  
directly off of I-79 Exit 124

### Comfort Zone

Every effort is made to have a comfortable temperature in  
the meeting room. However, we realize everyone's comfort  
zone is different, so please bring a sweater or light jacket.

### Cancellations and Substitutions Policy

You may cancel your registration up to ten business days  
before the program and we will refund your full registration.  
If you need to cancel less than ten business days prior to the  
program you may 1) send a substitute from your organization  
or 2) transfer your registration fee to another program of  
your choice that is scheduled within 12 months of your  
original event. Please note, if you don't cancel and don't  
attend you are still responsible for payment.

### Parking

Parking is free at the conference facility.

### Accommodations

Blocks of rooms have been reserved at nearby Bridgeport  
hotels for the night of November 8 under the name of the  
West Virginia Geriatrics Society.

**Note that this meeting takes place the day after the  
WVU/Louisville football game, so rooms may be limited  
on a first-come first-served basis.**

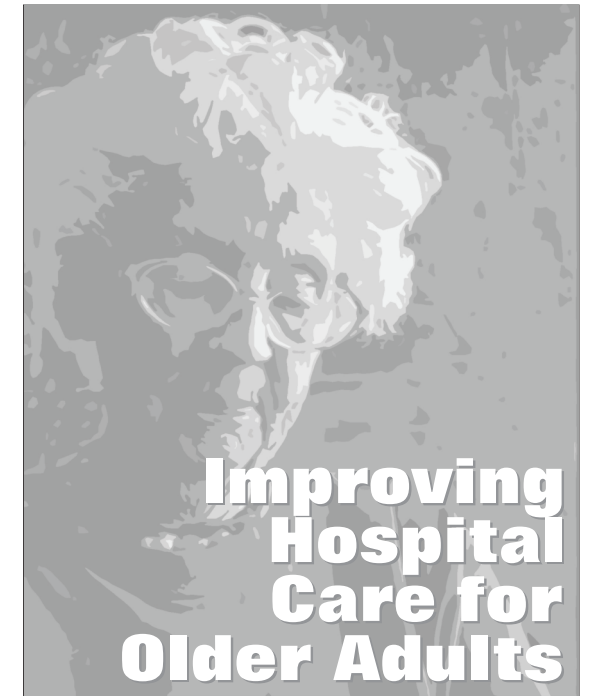
Wingate Inn, Bridgeport  
(304) 808-1000  
(reserve by October 18 for group rate)

Microtel Inns and Suites at Charles Pointe  
201 Conference Center Way  
(304) 808-2000  
(reserve by November 1 for group rate)

Non-Profit Org.  
U.S. Postage  
**PAID**  
Charleston, WV  
Permit No. 2826



3110 MacCorkle Ave. SE  
Charleston, WV 25304



West Virginia Geriatrics Society

## 3rd Annual Interdisciplinary Continuing Education Conference

Friday, November 9, 2007  
Bridgeport Conference Center  
@ Charles Pointe  
300 Conference Center Way  
Bridgeport, West Virginia



CAMC  
Institute



## Registration Form

West Virginia Geriatrics Society  
3rd Annual Continuing Education Conference

November 9, 2007  
(Pre-registration is required. Deadline November 1, 2007.)  
Register online @ [www.camcinstitute.org](http://www.camcinstitute.org) or by mailing the form below:

**Join WVGS and/or renew early for the calendar year 2008, and receive a \$10.00 discount on meeting fees.**

WVGS Membership Fee or Renewal Included?  Yes  No  
Name \_\_\_\_\_  
Degree/Speciality \_\_\_\_\_  
Address \_\_\_\_\_  
City/State/Zip \_\_\_\_\_  
Phone \_\_\_\_\_  
Last four digits of Social Security # \_\_\_\_\_  
E-mail address \_\_\_\_\_  
Hospital/Institution \_\_\_\_\_  
Method of Payment: \_\_\_\_\_  
 Mastercard  Visa  Check enclosed  
Account# \_\_\_\_\_  
Expiration Date \_\_\_\_\_  
Amount \_\_\_\_\_  
Signature \_\_\_\_\_

Make check payable to CAMC Health Education and Research Institute and return to:

**Community Liaisons**  
PO Box 1547  
Charleston, WV 25326-1547

Phone: 304-345-9051  
Fax: 304-388-1160  
e-mail: [community.liaisons@camc.org](mailto:community.liaisons@camc.org)

### Registration Fees

WVGS Membership (New or early renewal for calendar year 2008)	\$35
New or renewing WVGS Members	\$55
Non-WVGS Members	\$100
Students and residents	\$30

Total \_\_\_\_\_

### Disclosure

It is the policy of the CAMC Health Education and Research Institute that any faculty (speaker) who makes a presentation at a program designated for AMA Physician's Recognition Award (PRA) Category I or II credit must disclose any financial interest or other relationship (i.e. grants, research support, consultant, honoraria) that faculty member has with the manufacturer(s) of any commercial product(s) that may be discussed in the educational presentation.

Program Planning Committee Members must also disclose any financial interest or relationship with commercial industry that may influence their participation in this conference. All presenters and faculty have disclosed that no commercial relationships exist.

## Target Audience

This conference is planned for an interdisciplinary audience of physicians, nurses, pharmacists, social workers, and hospital administrators.

## Program Overview and Objectives

Older adults living in West Virginia experience a high burden of chronic illness and disability, and have high rates of hospitalization. Unfortunately, time spent in the hospital setting can be quite perilous for older adults, and distressing for their families as well as for those who care for them. WVGS is committed to improving the health and health care of older adults throughout the state, and has chosen to focus this annual meeting on improving the care of older adults when in the hospital setting. We are thrilled to have Dr. Dorothy Baker from Yale University, Director of the HELP (Hospital Elder Life Program) National Dissemination Project as our keynote speaker. HELP is a volunteer driven intervention proven to reduce the morbidity and costs associated with delirium in hospitalized older adults, and one that is rapidly spreading across the country. All of the presentations in this meeting are intended both for clinicians and hospital administrators committed to providing the highest quality care possible for their older adult patients. By the end of the meeting:

Participants will be able to:

- Describe common hazards of hospitalization for older persons.
- Describe a well-tested model for reducing the clinical impact and costs of delirium in the hospital setting.
- Develop a plan for implementation of HELP in their own hospital.
- Describe the true effect of advanced age upon surgical mortality.
- Confidently assess preoperative cardiac risk and its likely impact on surgical mortality.
- Use evidence-based recommendations to target your perioperative consultations on common thrombo-embolic, neuro-psychiatric, and renal perioperative complications.
- Describe the current evaluation and treatment guidelines of patients presenting to the emergency room with symptoms of acute stroke.
- Review the WVU/Ruby Model of the multidisciplinary stroke response team.
- Understand the issues and appropriate interventions involved in transitioning older patients from one care setting to another.

The West Virginia Geriatrics Society is a state affiliate of the American Geriatrics Society. WVGS works to improve geriatric care through interdisciplinary professional teamwork, education, advocacy and public policy. Information about membership and WVGS activities can be found at [www.wvgeriatrics.org](http://www.wvgeriatrics.org), or by contacting current President, Mark A. Newbrough, MD at [mnewbrough@hsc.wvu.edu](mailto:mnewbrough@hsc.wvu.edu).

## Accreditation:

**Physicians** - The CAMC Health Education and Research Institute's CME program is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians. The CAMC Health Education and Research Institute designates this educational activity for a maximum of six AMA PRA Category 1 Credits(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Nurses** - The CAMC Health Education and Research Institute is accredited as a provider of continuing education in nursing by the West Virginia Nurses Association.

The West Virginia Nurses Association is an accredited provider of continuing education in nursing by the American Nurses Credentialing Center's Commission on Accreditation. This program has been approved for six contact hours (#PO15-08-07674 WVBPN:01A)

**Social Work** - The CAMC Health Education and Research Institute is an approved provider of continuing education by the West Virginia Board of Social Work Examiners. This program has been approved for six hours of social work credit. Approval number is 490045.



**Pharmacy** - The CAMC Health Education and Research Institute has been approved by the American Council on Pharmacy Education as a provider of continuing pharmacy education. This program has been approved for six contact hours under program approval number 554-999-07-050-L04-P

**Osteopathic Physicians** - This program anticipates being approved for 6 hours of AOA Category 2-A Credit pending approval by the AOA CCME.



## Speaker Information

Dorothy Baker, PhD, RNCS  
Research Scientist/Scholar  
Department of Internal Medicine, Geriatrics  
Yale University School of Medicine

Konrad Nau, MD, FAAFP  
Associate Dean and Chair, Department of Family Medicine  
West Virginia University School of Medicine  
Eastern Division

Mark A. Newbrough, MD  
West Virginia Geriatrics Society President  
Assistant Professor, Department of Internal Medicine  
West Virginia School of Medicine  
Charleston Division

## Speaker Information

Roger Tillotson, MD  
Assistant Professor  
Department of Emergency Medicine  
West Virginia University Hospitals  
West Virginia University School of Medicine  
Morgantown, West Virginia

### Panelists (Morning)

Christine M. Blue, DO  
Assistant Professor Adult and Geriatric Psychiatry  
West Virginia School of Osteopathic Medicine  
Lewisburg, West Virginia

Sherry Kuhl, MSW  
Program Manager, West Virginia Seniors Center on Aging  
West Virginia University  
Morgantown, West Virginia

Lisa McCracken  
Charleston, West Virginia  
Community Member  
Eileen Mozolak, BSW  
Lead Volunteer Coordinator for HELP (Hospital Elder Life Program)  
UPMC Shadyside Hospital  
Pittsburgh, Pennsylvania

Mike Williams  
Vice President - Administrator for CAMC General Hospital  
Charleston, West Virginia

### Panelists (Afternoon)

Jarena Kelly, MSN, RN, C-FNP  
Assistant Professor  
West Virginia University School of Nursing  
Charleston Division

Carma Korman, MSW  
West Virginia School of Osteopathic Medicine  
Lewisburg, West Virginia

Anita Lorenzo, PharmD  
Omnicare Consultant Coordinator for West Virginia  
South Charleston, West Virginia

Shirley Neitch, MD  
Professor of Medicine/Chief of Geriatrics  
Department of Internal Medicine  
Joan C. Edwards School of Medicine/Marshall University  
Huntington, West Virginia