



# The West Virginia Geriatrics Society

*Supporting the care of older adults and  
geriatric education in the Mountain State.*

[www.wvgeriatrics.org](http://www.wvgeriatrics.org)

## Annual Summit (Virtual)

# Moving Forward

Thursday January 20, 2022

8:30 a.m. - 2:30 p.m.

*To respect the health and safety of all participants, this year's Summit is being held virtually.*

Deadline for receipt of registrations:

Wednesday, January 19, 2022

*Thank you to our Sponsors*



## About the 2022 Summit : Moving Forward

*The West Virginia Geriatrics Society is pleased to once again hold our Annual Summit, a gathering of interprofessional individuals interested in enhancing the care of older adults in West Virginia. Due to the unprecedented events of the past 20 months, we have pivoted and adapted and are proud to host our first Virtual Summit.*

**Covid-19 has had an extraordinary impact on our world. This impact is exceedingly profound for the older adult population. Facing greater vulnerability, healthcare disparities, a challenging long term care system, extreme social isolation, as well as lack of care workers how do we move forward to provide the care needed? In addition, those who work in the healthcare field were confronted with unprecedented challenges. What have we learned? What needs to be changed? How do we move forward to serve, protect, and promote the well-being of all older adults? What tools and practices do we need to empower those who work in the field of geriatric care? We hope to answer many of these questions.**

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### Summit Objectives - Participants will:

- Become familiar with the experience of older adults who are navigating both the substance misuse epidemic and the COVID-19 pandemic.
- Analyze the role that substance misuse, raising grandchildren, and elder abuse have had on older adults in rural Appalachia.
- Assess how social workers can continue offering ethical support to all older adults, in particular those who are dealing with issues of substance misuse.
- Discuss how resources, such as the grandfamilies initiative, will assist both older adults and social work practitioners in moving forward overcoming barriers due to COVID-19 and the substance misuse epidemic.
- Understand the aspects of rurality that can be harmful to the geriatric population.
- Recognize the effects of the COVID-19 pandemic on rural geriatric patients' nutritional status.
- Describe when the Covid-19 vaccine or monoclonal antibody treatment is indicated.
- Discuss associated adverse events with treatments and prevention.
- Compare the difference between Covid treatment and prevention
- Review lessons learned from COVID response in WV
- Review data on what is centrally responsible for wellbeing in populations
- Review approach to improve healthy aging in WV
- Understand the legal difference between medical capacity and Guardian/Conservator evaluations
- Understand the types of Conservatorship and Guardianship evaluations
- Understand the evaluation process and how the results can be utilized.

### Who Should Attend?

- Medical , health, and behavioral health professionals who work in the fields of aging, housing, aging in place, long term care, and social services
- Practitioners and students in allied health professions such as medicine, counseling, social work, nursing, law and public health
- Healthcare clinicians, educators, care managers and supervisors

**Continuing Education Information see last page**



## **WVGS Annual Summit Program (Virtual)**

**8:30—8:45 a.m.**

### **Introduction and Welcoming Remarks**

**David Elliott, PharmD, BCGP, President, WVGS Board Of Directors**  
WVU School of Pharmacy – Charleston Campus, **Jane Marks, CDP,**  
**Education Committee Chair, WVGS Board of Directors** Certified  
Dementia Practitioner, and Caregiver Advisor, Charleston

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**8:45–9:45 a.m.**

### **The Impact of Covid-19 on the Rural Community**

**Dr. Shawn Allen, MSW, LGSW,** Assistant Professor Social Work  
and Sociology, Concord University, Athens WV. **Samantha Byrd,**  
**MSW, LGSW** Adjunct Professor of Social Work, Concord  
University, Athens, WV

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**9:55-10:25 a.m.**

### **The Effect of the COVID-19 Quarantine on Weight and Nutrition in Rural Geriatric Patients**

**Thomas McIntosh 2nd yr Med Student,** Marshall  
University, Joan C. Edwards School of Medicine , Wrap up by Dr.  
Robert Walker

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**10:30-11:30 a.m.**

### **Outpatient COVID-19 Treatments, Prevention, and Adverse Events**

**Lisa Nord, RPh,** Marshall University School of Pharmacy,  
Huntington, **Charles Babcock, PharmD** Marshall University  
School of Pharmacy, Huntington

**Zoom link will be sent to all registrants in advance of the Summit**

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**11:40a.m.– 12:40 p.m.**

**Keynote: Dr. Clay Marsh,** Vice President & Executive  
Dean for Health Sciences, Dean West Virginia  
University School of Medicine, WV Coronavirus Czar  
**Moving Forward: Lessons from COVID Applied to  
Public and Population Health**

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**Membership in WVGS—We want you!**

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**12:50– 1:10 p.m.**

### **WVGS Annual Meeting/Lunch break**

All those who are members or who would like to know  
more about WVGS may attend.

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**1:15 –1:20 p.m.**

**Annual Student Poster Competition  
Winner Announcement**

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**1:20—2:20 p.m.**

**Avoiding Court: Understanding the Legal  
Pitfalls of Guardianship and Conservatorship  
Evaluations.**

**Timothy Saar, PhD., Forensic Psychologist** South  
Charleston, WV

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**2:20-2:30 p.m. Closing Remarks**

## Our Presenters

**Shawn Allen, DSW, LGSW**, is an Assistant Professor in the Social Work Program at Concord University. Shawn obtained his Doctor of Social Work (DSW) from Tulane University in 2021, his Master of Social Work (MSW) from West Virginia University in 2011, and his Bachelor of Social Work (BSW) from Concord University in 2007. He has been a Licensed Social Worker in West Virginia since 2007 and became a Licensed Graduate Social Worker in 2011. He began his career with the Appalachian Area Agency on Aging as one of the state's first West Virginia Aging and Disability Resource Center coordinators. Shawn has researched areas such as elder abuse, service delivery to older adults, ethical practice in social work, COVID-19's impact on older adults, and supervision in social work. Before coming to Concord full-time in 2014, Shawn served as an Adjunct Professor for the program. He also serves on many committees in the community, including the Senior Focus of Mercer County and the Greenbrier Valley Disability Awareness Committee. Shawn lives in Lerna with his wife Jamie and their son John Daniel.

**Samantha Byrd, MSW, LGSW**, is a Grant Manager at Concord University through the Research and Development Corporation and an adjunct instructor in the Social Work Department. Samantha obtained her Master of Social Work (MSW) degree from Concord University in 2018 and is currently enrolled in a Doctor of Social Work (DSW) program at the University of Kentucky. She has been a Licensed Graduate Social Worker in West Virginia since 2018. She began her career as a behavioral health therapist at the Child Advocacy Center in Summers County and in the school-based therapy program with Rainelle Medical Center. Samantha is passionate about issues concerning foster families, specifically, resources in rural communities and implications for relative/kinship families and grandfamilies. She serves on the board of Child Protect and manages a local foster closet and support group for foster/adoptive/relative-kinship families. Samantha lives in Athens with her husband Paul and their sons Justin and Owen.

**Thomas R. McIntosh**, is a second year student at Marshall University Joan C. Edwards School of Medicine. A native of Charleston, and graduate of George Washington High School, Thomas was awarded a Presidential Scholarship to WV Wesleyan College in Buckhannon, WV where he received his Bachelor of Science in BioChemistry.

**Professor Lisa Nord RPh**, received her Bachelor of Science in Pharmacy from Ohio Northern University in Ada, Ohio. After graduation, she worked for two years as a staff pharmacist at The Toledo Hospital in Toledo, Ohio. She spent almost 25 years of her career first as a staff pharmacist, and ultimately director of pharmacy. During her time at Cabell Huntington, Lisa was involved in the development of medication and patient safety initiatives, was an active member of multiple interdisciplinary teams addressing medication errors, adverse reactions

**Nord (cont.)** and the medication use process, and management of a pharmacy staff. Lisa is a member of the American Society of Consultant Pharmacists, the West Virginia Society of Health System Pharmacists, from which she received the 2005 Pharmacist of the Year Award, and the American Pharmacists Association. She serves as faculty advisor for APhA Academy of Student Pharmacists (APhA-ASP) at Marshall. She is also Co-Director for the School's co-curricular activities.

**Charles "CK" Babcock, PharmD** received his Pharm.D. from West Virginia University (WVU) in Morgantown, WV and completed a community pharmacy residency with Fruth Pharmacy which is headquartered in Point Pleasant, WV the following year. Dr. Babcock's services were retained as he became the Director of Clinical Services for Fruth Pharmacy. Over several years, CK was involved in developing many clinical programs (including diabetes education and immunization clinics), organizing collaborations with industry, operations, procuring products, recruitment and retention programs, precepting students, inventory management, dispensing, operating as a pharmacist-in-charge, and as Director of Pharmacy. He found that his heart is in education, and took a shared distance faculty position with Fruth Pharmacy and WVU School of Pharmacy in Charleston, WV. While there, he attained both Certified Diabetes Educator (CDE) and Board Certified Ambulatory Care Pharmacist (BCACP) certification. He also became a trainer for APhA's Diabetes, Immunization, and Medication Therapy Management (MTM) Programs. In July of 2015, Dr. Babcock was blessed by the opportunity to be more directly involved with students in pharmacy education at Marshall University. He brings with him a great love of West Virginia and passion to help every student attain their full potential and improve the care provided by pharmacists in West Virginia and the surrounding area.

**Tim Saar, PhD** has been practicing psychology in West Virginia for over twenty years and has a broad range of experience in clinical diagnosis and therapy, forensic evaluations and geriatric practice. He received his PhD. from Cambridge Graduate College in Los Angeles, CA.; his Master's Degree in Counseling Psychology from Loyola Marymount University in Los Angeles, CA; and his Bachelor's Degree in Psychology from the University of Southern California. Dr. Saar is a licensed psychologist in West Virginia, North Carolina, and Kentucky. He is also licensed in Marriage and Family Therapy in California. Additionally, he is qualified as a forensic expert in Clinical Psychology in Family, Circuit, and Federal courts. Dr. Saar is currently the Director of Saar Psychological Group, PLLC and has been an adjunct professor at Marshall University Graduate College and West Virginia State University. Furthermore, he is a member of numerous associations. Dr. Saar has conducted and supervised thousands of forensic evaluations including adult and juvenile competency to stand trial, criminal responsibility, personal injury, as well as parental fitness and child abuse evaluations; and has been declared an expert witness in family court, circuit court, and federal court. In addition to forensic evaluations Dr. Saar's practice also maintains an active clinical component by providing individual and family counseling services.

## Keynote Speaker, Dr. Clay Marsh



As WVU's Vice President for Health Sciences, Dr. Marsh oversees five health sciences schools and three health campuses, and serves on the governing boards that determine policy and priorities for WVU Medicine and its component organizations. In addition, as Executive Dean, he is the leader of the WVU School of Medicine.

Considered a national leader in personalized and academic medicine, Dr. Marsh has acquired more than \$20 million in National Institutes of Health funding as principal investigator, co-PI, co-investigator and mentor. He has published more than 140 papers in peer-reviewed journals. His clinical interest is in determining how to help individuals stay healthy and defining a person's biological age using genetic approaches.

Marsh holds more than 20 patents or patent disclosures. He has mentored more than 50 MD, MD/PhD and PhD doctoral students, post-doctoral researchers and junior faculty, being honored numerous times with faculty teaching awards.

He is a two-time graduate of West Virginia University, earning an undergraduate degree in biology in 1981 and a medical degree in 1985.

As the state's Coronavirus Czar, appointed by Governor Jim Justice, Dr. Marsh has had a key role in plan development and leading West Virginia's efforts against the Coronavirus.

Prior to his appointment to the WVU leadership team in 2014, he served as senior associate vice president, chief innovation officer and the leader in personalized medicine at The Ohio State University's Wexner Medical Center. Dr. Marsh served as both vice dean for research and vice dean for Innovation in the College of Medicine, where he founded the IDEA Studio in healthcare application and design.

Dr. Marsh serves on several national scientific advisory committees and on the scientific advisory committee for Caris Life Sciences. He is a Fellow in the American College of Physicians and an elected member of the American Society for Clinical Investigation.

## Our Sponsors

*Thank YOU for your support of the WVGS Annual Summit*

### Quality Insights is the Quality Innovation Network-Quality Improvement

#### Organization

Quality Insights is the Quality Innovation Network-Quality Improvement Organization (QIN-QIO) for Pennsylvania and West Virginia. We are committed to collaborating with you to reach the Centers for Medicare & Medicaid Services' goals of better care, smarter spending, and healthier people. Quality Insights offers technical assistance, tailored education, resources, and tools such as data reports all at no cost to health care providers. We also collaborate with providers, communities, and people with Medicare through data-driven initiatives that make communities healthier. Through these efforts, we partner with you to improve patient safety, reduce harm and advance clinical care at local and regional levels. We also collaborate with providers, communities, and people with Medicare through data-driven initiatives that make communities healthier.

<https://www.qualityinsights-qin.org/Home>

#### Hospice Care

HospiceCare is West Virginia's oldest and largest provider of hospice, palliative and bereavement services. HospiceCare has been addressing the needs of the Mountain State for more than 40 years, serving 16 counties with hospice services. Our mission is to provide compassionate care and affirm life through hospice, palliative and other supportive care services to the patients, families and communities we serve. We strive to serve our patients and families with inclusive care through innovative, multidisciplinary approaches and diverse community partnerships. Embracing our history of high-quality hospice care and rising to meet the expanding need of healthcare services in our communities.

<https://www.hospicecarewv.org/>

#### Genesis - Dunbar Center

The Genesis Healthcare Dunbar Center is one of the 250 Genesis centers across the state and has been a part of the community of Dunbar, West Virginia for over 30 years. We are located in a peaceful country setting but still convenient to Interstate 64 and the Charleston area. Our center offers short-stay rehabilitation with separate specialized recovery suites as well as long-term care. Our therapy services include Physical, Occupational, and Speech Therapy. Dunbar offers full-time physician support, on-site Nurse Practitioner, and 24-hour nursing coverage. We offer comfortable rooms, numerous menu and dining choices, beauty salon, TV and internet access, and phone service in all rooms.

<https://www.geneshcc.com/dunbar>

*Continued....*

## Sponsors Continued...

### Hospice of Huntington

Hospice of Huntington is a non-profit agency that has been helping people with serious illness since 1982. Hospice of Huntington helps people with a life-limiting illness control the symptoms that keep them from living everyday life. Hospice of Huntington does not take over the care you provide, but we are here to help guide and support you so that together with your doctor we can ease the worries of caregiving and provide the very best symptom control possible. Our goal is to help your loved one live life to the fullest. As the first hospice in the State of West Virginia to become Medicare certified, we have remained a leader in hospice care for over 30 years. Hospice of Huntington serves Cabell, Lincoln, Wayne and Mason Counties in West Virginia and Lawrence County and surrounding areas in Ohio.

<https://hospiceofhuntington.org/>

### Hanshaw Geriatric Center

In addition to specialized primary care for an aging population, Hanshaw Geriatric Center, funded in part by the Huntington Foundation, offers onsite specialty consultations, lab work and x-rays. The care team at this multi-specialty clinic also includes a social worker, a geriatrics nurse, a physician assistant, geriatric wellness programs and its unique driving assessment clinic. No physician referral is needed.

<https://www.marshallhealth.org/services/senior-health/senior-adult-care/>

## CE Information

### DISCLOSURE:

It is the policy of the CAMC Health Education and Research Institute that any faculty (speaker) who makes a presentation at a program designated for AMA Physician's Recognition Award (PRA) Category I or II must disclose any financial interest or other relationship; (i.e. spouses/partners, grants, research support, consultant, honoraria) that faculty member has with the manufacturer(s) of any commercial product(s) that may be disclosed in the educational presentation. Program Planning Committee Members must also disclose any financial interest or relationship with commercial industry that may influence their participation in this conference. Faculty relationships with industry, if any, will be made available on-site and disclosure made from the podium to the participant. None of the Presenters or planners for this educational activity have relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

## ACCREDITATION STATEMENT



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education for the healthcare team.

In support of improving patient care, this activity has been planned and implemented by the West Virginia Geriatric Society and CAMC Health Education and Research Institute. CAMC Health Education and Research Institute is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing

## CREDIT HOUR STATEMENTS

**Physicians** - CAMC Health Education and Research Institute is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians. The CAMC Institute designates this live activity for a maximum of 4.5 hours for *AMA PRA Category I Credit(s)*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Nurses** - The CAMC Health Education and Research Institute is an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This activity has been approved for 4.5 contact hours (JA00026-22-21-399) (Expiration date is 2 years from the course date)



**Pharmacy** - The CAMC Health Education and Research Institute is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This knowledge based activity provides 4.5 contact hours (UAN JA0006133-9999-22-001-L04-P) To receive credit, participants must complete the sign-in sheet, attend each session and complete an evaluation. ACPE credits will be posted online to the CPE Monitor within sixty (60) days following the activities

**Social Work** - CAMC Health Education and Research Institute is an approved provider of continuing education by the West Virginia Board of Social Work Examiners. This program has been approved for 4.5 hours of social work credit. Approval number #490045.

Commission on  
Dietetic Registration  
the credentialing agency for the  
Academy of Nutrition and Dietetics

**Dietitians** - Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU). If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour = 1 CPEU) RD's and DTRs are to select activity type 102 in their Activity Log. Performance Indicator selection is at the learner's discretion.

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## And thank YOU for attending the WVGS 2022 Annual Summit



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